

SEYCHELLES RESTAURANTS

# A Taste of Paradise

MASON'S  
TRAVEL







*“The greatest way to understand  
a culture is to taste it.”*

- DEBORAH CARTER

MASON'S  
TRAVEL

## CREOLE CUISINE:

# A Taste of Paradise

Seychelles' Creole cuisine is a fusion of African, Indian, Chinese, French, and British culinary traditions. The cuisine developed over centuries as a result of the island's history of colonization and the intermingling of cultures. The Seychellois people developed their cuisine by adapting to their tropical environment and using locally available ingredients and spices to create unique and flavourful dishes.

Authentic 'Kreol' cuisine is based on seafood, as the islands are surrounded by the Indian Ocean. Fish and shellfish are staples in Seychellois cuisine, and dishes such as octopus curry, grilled fish, and bouillon are popular. Fish and poultry is often cooked in coconut milk and served with rice and lentils, called "riz-grains."

Another essential element in Seychellois cuisine is the use of spices, as for many years the islands were not serviced with electricity and food needed to be spiced or salted as a preservative. Today, Creole cuisine incorporates a variety of spices, such as ginger, garlic, cumin, turmeric, coriander, saffron and cinnamon, to name a few. These spices give Seychellois cuisine its distinct, piquant flavour.

The Seychelles also has a variety of local fruits such as papaya, mangoes, and bananas, which are used to create refreshing fruit salads, desserts and drinks.

The historical development of Seychellois cuisine can be traced back to the 18th century when French colonisers brought their culinary traditions to the islands. Later, when the British colonised the islands in the 19th century, they introduced Indian and Chinese cuisines to the islands' culinary repertoire.

In the 20th century, Seychelles gained independence from the British, and the Seychellois people began to embrace their Creole identity. Creole cuisine became a symbol of the islands' cultural heritage. Today, Seychellois cuisine continues to evolve, with local chefs creating innovative dishes that blend traditional Creole ingredients and flavours with modern cooking techniques.

**Read on to discover 50 tantalising eaterys  
to feed your travel curiosity.**

A SEYCHELLES RESTAURANT GUIDE  
BY MASON'S TRAVEL



SEYCHELLES RESTAURANTS  
**A Taste of Mahé**



MTWTFSS

*Anchor Café*

Anse la Mouche's Anchor Café is a Seychelles institution that has served Seychelles' families and visitors for decades. Famous for its grilled fish, soft-serve ice cream and frozen margaritas, Anchor Café's friendly, family-run atmosphere is infectious. The sunset in Anse la Mouche is also one of the best Seychelles, and all the more reason to plan an evening here during your stay. Operational hours are not regular, so do call ahead to make sure that they are open.

**ANSE LA MOUCHE**  
**LUNCH & DINNER, 4 371 289**



MTWTFSS

*At Sea*

At Sea offers a relaxed coastal dining experience with captivating vistas of the Northern border of St. Anne Marine Park. This restaurant & bar specialises in craft cocktails paired with hearty seafood dishes. Regular Karaoke nights (Saturdays) and big-screen sports events, meet a family-friendly Sunday BBQ buffet, which makes for a vibrant and social atmosphere over the weekends.

**PERSEVERANCE**  
**LUNCH & DINNER, 2 715 565**



MTWTFSS

*Baobab Pizzeria*

The friendly staff and relaxed beachfront atmosphere make Baobab Pizzeria a great spot for a casual lunch or dinner with friends and family. The wood-fired pizzas are famous in Seychelles! The service is friendly but can be slow during peak hours. However, the prices are reasonable, and the portions are generous. Overall, Baobab Pizzeria is worth checking out for a casual meal, especially if you're in the mood for pizza.

**BEAU VALLON BEACH FRONT**  
**LUNCH & DINNER, 4 247 167**





MTWTFSS

## Beach Shak

This beachfront bar is famous for beautiful sunsets and potent cocktails! Located directly on the sand, this small but charming bar offers a variety of cocktails, smoothies, and light snacks to satisfy your cravings. The laid-back vibe and stunning ocean views make it a popular sundowner spot for both locals and tourists – bookings are essential if you want to guarantee a table for sunset. Service can be slow, but the creative cocktail creations are worth the wait!

**BEAU VALLON BEACH FRONT  
COCKTAILS & LIGHT SNACKS, 2 638 161**



MTWTFSS

## Café Eden

The perfect place to enjoy an artisanal ice cream after an afternoon of shopping at Eden Plaza. This small café offers countless flavours of traditional gelato and always a handful of tropical flavours infused with fruits from the island. A range of fine teas and light meals make this a great spot to grab a quick bite when visiting Eden Island.

**EDEN ISLAND  
ICE CREAM & LIGHT MEALS, 2 789 208**



MTWTFSS

## Boat House

This large and lively open-air institution across the street from popular Beau Vallon beach is famous for its tasty Creole buffets, casual lunches and lip-smacking cocktails. In the evenings, it comes alive as locals and tourists gather to enjoy the reggaeton music, or the latest sports match projected onto large screens on the upstairs deck. The ambience is relaxed and casual – making it the perfect spot to visit if you're coming directly from the beach.

**BEAU VALLON  
LUNCH & DINNER, 4 247 898**



MTWTFSS

## Café SeventyFaure

This chic and cozy café exudes warmth and charm. Treat yourself to an array of freshly baked crepes, waffles, and cakes, alongside indulgent breakfast options including Continental, English, and La Parisienne combos. Savor the flavors of freshly ground coffee, complemented by a diverse selection of teas and homemade juices. With its inviting ambience, it's the ideal spot for quiet moments with a book or leisurely gatherings with friends.

**ANSE ROYALE  
BREAKFAST & LUNCH, 2 527 774**



MTWTFSS

## Bravo!

Trendy and casual – this popular restaurant situated on the water's edge at Eden Island is famous for friendly service, generous portions and – most recently – sushi! The menu is a blend of international cuisine and Creole dishes, while the newly opened sushi bar crafts award-winning sushi and sashimi from freshly caught fish, straight off the boat from Eden Island's marina. Lively, yet unpretentious, this is a great location for a relaxed meal.

**EDEN ISLAND  
LUNCH & DINNER, 4 346 020**



MTWTFSS

## Chatterbox Café

This trendy dining destination, located in the heart of Eden Plaza, is the perfect place for visitors seeking word-class coffee, massive milkshakes and delicious cakes and pastries, served in a vibrant and inviting atmosphere. The self-proclaimed "most Instagrammable café in Seychelles" – the walls are adorned with fun graphics and murals to accompany a diverse menu of well-executed comfort food.

**EDEN ISLAND  
BREAKFAST & LUNCH, 4 346 136**





MTWTFSS

## Chez Batista

With its thatched roofing and feet-in-the-sand dining, Chez Batista is one of the most rustic and popular restaurants in the south. Directly on beautiful Anse Takamaka, its local architecture compliments the traditional Creole menu. It is famous for its fresh grilled fish, lobsters and well-known Sunday buffets. The bar serves colourful cocktails and evenings serve colourful sunsets – a must-visit if you find yourself in the south of Mahé.

**TAKAMAKA**  
BREAKFAST, LUNCH & DINNER, 2 523 672



MTWTFSS

## Del Place

Exquisite dining meets exquisite views at this beachside restaurant in Port Glaud. While the menu is peppered with influences from Europe and Seychelles, the view is peppered with island clusters and brightly coloured fishing boats. The sunset on this side of the island is remarkable, and not to be missed if you find yourself dining here. With an impressive wine selection and live music on the weekends, it is the perfect destination for a romantic night out.

**PORT GLAUD**  
LUNCH & DINNER, 2 814 111



MTWTFSS

## Coco Bleu

Nestled in the heart of Victoria, the vibrant capital of Seychelles, this vibrant restaurant offers breathtaking views of Seychelles' iconic Clock Tower. Open daily for lunch and dinner, indulge in a diverse selection of local and international delicacies. The experienced bar staff craft exquisite cocktails to complement your dining experience.

**VICTORIA**  
LUNCH & DINNER, 4 323 556



MTWTFSS

## Five Spices, Club Liberté

The Five Spices Restaurant in the boutique Club Liberté Casino is a destination in its own right. Offering more than simple sustenance to the casino's gamers, this fine-dining location attracts its own clientele with an outstanding à la carte and sushi menu served in an elegant atmosphere. A great dining option to consider when planning an elegant evening in the south.

**PETIT ANSE**  
DINNER, 2 605 462



MTWTFSS

## Coffee Club

Stylish and satiating, the Coffee Club at Seychelles' International Airport offers European cuisine and authentic Thai food, a selection of burgers and a menu of local creole cuisine, all freshly prepared. Hearty breakfasts and desserts, healthy salads, decadent coffees and fancy shakes are also on the menu. There is free wifi, making this an excellent hangout before boarding an international flight.

**INTERNATIONAL AIRPORT**  
BREAKFAST, LUNCH DINNER, 2 611 919



MTWTFSS

## Friday Nights @ Takamaka

The Takamaka Rum Distillery at Le Plaine St Andre is worth visiting any day of the week for their informative distillery tours and intoxicating rum tastings. However, on Friday evenings the grounds are transformed into a pop-up dining experience, featuring a food truck and delicious rum-based cocktails. Outdoor dining and lively music make this a great alfresco destination to visit in the south. Their Saturday morning markets are also worth a visit for snacks and souvenirs.

**POINT AU SEL**  
COCKTAILS & FOOD TRUCK, 4 283 737





MTWTFSS

## Green House

Hearty and wholesome best describe this east-coast dining destination - a restaurant that serves authentic Cajun and Creole cuisine in a leafy, casual atmosphere. The menu includes local delicacies (such as tuna steak, grilled octopus, and smoked fish salad), but also pizzas, quesadillas and hamburgers. Besides tasty cuisine at reasonable prices, Greenhouse regularly hosts live music by local bands.

**AU CAP**  
LUNCH & DINNER, 4 371 550



MTWTFSS

## La Dolce Vita

Life is sweet, when you can enjoy authentic Italian cuisine in tropical paradise! With two branches - one located in the heart of Victoria, and the other in Beau Vallon, opposite Beach Shak - the demand for Italian ice cream, pizza and pasta is clearly quite high in Seychelles. Cosy courtyards at both locations accommodate comfortable open-air dining and friendly service.

**BEAU VALLON / VICTORIA (CLOSED SUNDAYS)**  
BREAKFAST, LUNCH & DINNER, 2 759 584



MTWTFSS

## Jardin du Roi

Inspired by the original 18th-century gardens developed by the French to promote spice trading in the colonies, Le Jardin Du Roi spice garden offers visitors a day on a typical Seychelles plantation that grows spices and other rare plants. It is a haven for botanists and nature lovers. The à la carte, or special fixed menu "Plantation Lunch" (served every Sunday) features drinks, ice creams, and almost all of the food available is flavoured with the plantation's own spices.

**ANSE ROYALE**  
LUNCH, 4 371 313



MTWTFSS

## La Gaulette

Rustic and authentic best sums up this beachside café in Mahé's deep south. Located opposite a gorgeous stretch of beach that is popular with surfers and sunbathers, this relaxed venue serves up authentic Creole dishes, such as grilled fish and flavourful curries, in a relaxed and unpretentious atmosphere. Great value for money, the portions are large and well-prepared. Well worth a visit when exploring the south coast.

**BAIE LAZARE**  
LUNCH & DINNER, 2 781 183



MTWTFSS

## Kafé Kreol

Every day is a beach day at this beachfront restaurant on Anse Royale's south coast. Here you'll find one of the most laid-back dining venues in Seychelles. Serving Creole and Italian cuisine - either on the covered veranda or toes-in-sand just in front of the beach - Kafé Kreol is an all-day dining venue, where you can enjoy a leisurely afternoon of cocktails, fresh cuisine, the restaurant's sun loungers and one of the best swimming beaches in Mahé.

**ANSE ROYALE**  
LUNCH & DINNER, 2 606 464



MTWTFSS

## La Perle Noire

This restaurant comes highly recommended and is a true gem for a romantic dinner in an intimate atmosphere. With a history spanning more than 25 years, this fine-dining Italian restaurant is famous for its local tuna tartar, home-made Limoncello and friendly service. If you find the extensive menu and wine list becomes a little overwhelming (everything looks so good!), simply ask your server for their recommendations - you'll be glad that you did!

**BEAU VALLON**  
DINNER, 4 620 220





MTWTFSS

## La Plage

Beachfront fine-dining in Beau Vallon! This family-run restaurant boasts a unique fusion menu that is inspired by the Indian Ocean (just meters away) and celebrates fine European cuisine and fresh seafood. Whether you choose to sit inside, or out on the deck, La Plage offers stunning views of Silhouette, North Island and the turquoise waters of Beau Vallon - not to mention the blazing sunsets, best accompanied by a plate of oysters and glass of prosecco.

**BEAU VALLON BEACHFRONT**  
**LUNCH & DINNER, 2 522 119**



MTWTFSS

## Lansiv

Open-air Lansiv Café is a city-central hotspot for both Seychellois and tourists alike. Located next to the recently refurbished National Museum of History, Lansiv offers visitors a place to rest and replenish after exploring the city. On its menu-of-the-day are delicious, local, Creole dishes (which can be washed down with fresh local fruit juices or coconut water), cakes, salads, sandwiches, tea and coffee.

**VICTORIA**  
**BREAKFAST & LUNCH, 4 321 202**



MTWTFSS

## La Scala

In a quiet corner of Bel Ombre, you'll find one of the most established restaurants in Seychelles. Specialising in high end Italian cuisine with a Creole touch, La Scala has long been regarded as one of the island's top dining destinations. The menu - prepared with a lot of love by the husband and wife team that own La Scala - can be described as luxurious and authentic. You'll want to book a table well in advance, as the restaurant is almost always full.

**BEL OMBRE**  
**DINNER, 4 247 535**



MTWTFSS

## Lo Brizan

Experience a harmonious blend of culture and gastronomy at this chic new eatery on Mahé's east coast. Lo Brizan offers an immersive fusion of elegant dining, curated art, and boutique charm all in one exquisite locale. Beyond savoring contemporary cuisine, guests can explore a captivating art gallery showcasing the works of Seychelles' celebrated artists and an opportunity to take home a piece of Seychelles' vibrant artistic landscape.

**AU CAP**  
**LUNCH & DINNER, 2 718 073**



MTWTFSS

## Labriz Gastrolounge

The stylish Labriz Gastrolounge has been described as a palatable adventure to satisfy any craving, where people can enjoy exclusive dining at a trendy hangout offering gourmet food, fine wine and thirst-quenching cocktails complemented by scrumptious platters. One of this destination's most unique offerings is the padel court next door - visitors can book a lively session on the courts, followed by brunch or sundown cocktails.

**BEL OMBRE**  
**BREAKFAST, LUNCH & DINNER, 4 293 890**



MTWTFSS

## Maison Marengo

Maison Marengo is a celebration of authentic Creole cuisine and culture - from the traditional architecture to the beautifully plated food. Serving both traditional Seychelles dishes and international cuisine with an island twist (think tamarind margaritas!), this restaurant and function venue comes alive at night with performances by some of the country's most talented local musicians. It's an authentic dining experience not to be missed.

**AU CAP**  
**LUNCH & DINNER, 2 510 800**





MTWTFSS

## *Maria's Rock Café*

Inspired by Seychelles' rich history of pirates and mariners, this curious jungle café in Baie Lazare is stylised with pirate-themed décor and paraphernalia. However, it is more than just the quirky ambience that attracts diners to this southern gem - raw meats, vegetables and seafood are brought to the table, where patrons are able to cook their own food over heated slates. An adjacent art studio run by the owner's husband adds to the interactive experience.

**BAIE LAZARE**  
LUNCH & DINNER, 4 361 812



MTWTFSS

## *Rock Pool Bar & Grill*

This oceanfront dining venue offers patrons a cosy, elegant, outdoor dining experience that is complimented by show-stopping views of quiet coves, turquoise water and jaw-dropping sunsets. The rustic décor and charming service are a wonderful introduction to the fusion of local and Mediterranean culinary delights with a hint of creole influence on the menu. An extensive wine and cocktail list add to the laid back ambience.

**GLACIS**  
LUNCH & DINNER, 4 242 672



MTWTFSS

## *Marie Antoinette*

Marie Antoinette is a landmark of Victoria and one of the oldest restaurants in Seychelles. Housed in a charming Creole-style wooden house overlooking Victoria, Marie Antoinette serves traditional Creole cuisine and Pub Food. You'll find fish prepared in four different styles, chicken curry, aubergine fritters, rice, and delicious assorted Creole "salads" (also referred to as chutneys) on the menu.

**VICTORIA**  
LUNCH & DINNER, 4 266 222



MTWTFSS

## *Semi-Sub Pub & Café*

Savor the best of island and Middle Eastern cuisine while soaking in stunning marina views at Semi-Sub Pub and Café on Eden Island. Indulge in hearty pub grub and belly-warming dishes, perfectly paired with an array of excellent cocktails. Catch screenings of popular sports matches as you enjoy a convivial atmosphere, making it the perfect spot to gather with friends for a wholesome meal and memorable moments.

**EDEN ISLAND**  
LUNCH & DINNER, 2 542 248



MTWTFSS

## *Perry's Grillz*

Perry's Grillz offers an authentic dining experience where each bite transports you to the heart of Seychelles' culinary heritage. Surrounded by tropical forests, visitors can savor the rich flavors of Creole dishes and BBQ grilled on local charcoal. Freshly prepared meals can be delivered directly to the beach. Advance orders are essential to ensure a seamless delivery experience tailored to your seaside retreat.

**LES CANELLES**  
LUNCH & DINNER, 2 527 260



MTWTFSS

## *Seybar*

Anyone visiting the domestic terminal of Seychelles' International Airport will not miss Seybar - an eye-catching, open-air dining venue that sells light snacks and refreshing beverages in a vibrant and casual atmosphere. With beautiful views of the Cascade mountains, Seybar is the perfect place to grab a coffee before an early morning flight, or your last sip of local beer before departing from paradise.

**INTERNATIONAL AIRPORT**  
LIGHT SNACKS, 2 522 444





MTWTFSS

## Surfers

Named for its beachfront location at one of the best surfing spots on Mahé's east coast, Surfer's restaurant is a relaxed, casual-dining destination that is visited by locals, tourists and even nesting sea turtles! Fresh seafood, piquant curries and casual dishes such as pizza, burgers and salads dominate the menu. Dine on their wooden deck or under the shade of palm-trees and umbrellas.

**BOUGAINVILLE**  
LUNCH & DINNER, 4 374 767



MTWTFSS

## Trader Vic's

This signature French-Polynesian restaurant sets a world standard for tropical sophistication with its eclectic cuisine and vibrant atmosphere. Home to the famous Mai Tai cocktail – and a collection of other colourful libations – this venue is worth visiting for the cocktails alone. The cuisine is enhanced by using a Chinese wood-fired oven. It has an exciting atmosphere with exotic décor and live music each night.

**BEAU VALLON**  
DINNER, 4 387 000



MTWTFSS

## Taste of Italy

For the best pizza in Seychelles, be sure to visit this authentically Italian ristorante hidden away on bustling Market Street in Victoria. This family-run restaurant serves up authentic Neapolitan pizzas, hand-made pasta and irresistible gelato – together with lighter snacks such as panini's and salads. Be sure to bring cash, as this restaurant does not accept card payments.

**VICTORIA**  
BREAKFAST & LUNCH, 2 629 336  
DINNER – FRIDAYS ONLY



MTWTFSS

## Wildflour Café

An oasis escape in the heart of Seychelles' Botanical Gardens, Wildflour Café is reason enough to visit Seychelles' magnificent arboretum. The menu at this quaint café features light meals including a selection of wholesome breakfast dishes, snacks, salad bowls, pastas, panini's, and a selection of cakes of the day. Coffee, fresh juices and smoothies are available to refresh visitors the Botanical Gardens.

**BOTANICAL GARDENS**  
BREAKFAST, LUNCH & TEA, 2 522 964



MTWTFSS

## The Boardwalk

The Boardwalk is a chic waterfront restaurant on Eden Island. The menu features a mix of European and Asian cuisine, with an emphasis on fresh seafood. The restaurant's beautiful location overlooking the marina adds to the overall ambiance – patrons can dine while watching fish and eagle rays swim by! The staff are professional and attentive. On weekends, this restaurant is transformed into the social hub of the island – expect local DJs and lots of dancing!

**EDEN ISLAND**  
BREAKFAST, LUNCH & DINNER, 4 346 622



MTWTFSS

## Wooden House

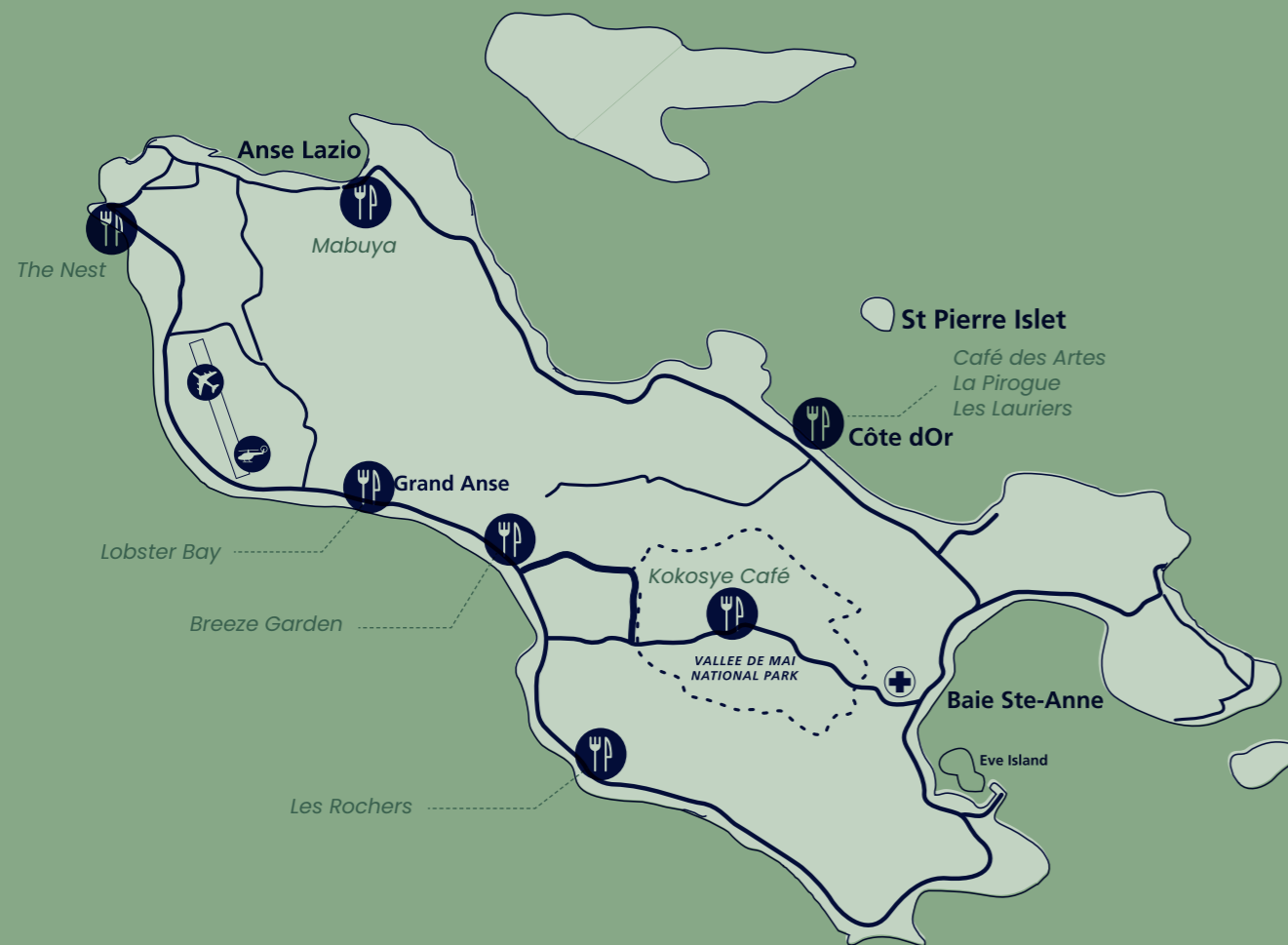
Whether you are craving a hearty bowl of Italian pasta, or freshly prepared sushi, Wooden House in Beau Vallon will satiate your cravings in a comfortable and cosy setting. Conveniently located in bustling Beau Vallon, this eatery features a diverse, yet excellent menu, with their hand-rolled sushi as the main attraction. Live music performances provide unintrusive entertainment and the service is friendly and efficient.

**BEAU VALLON**  
DINNER & SUSHI, 2 633 137



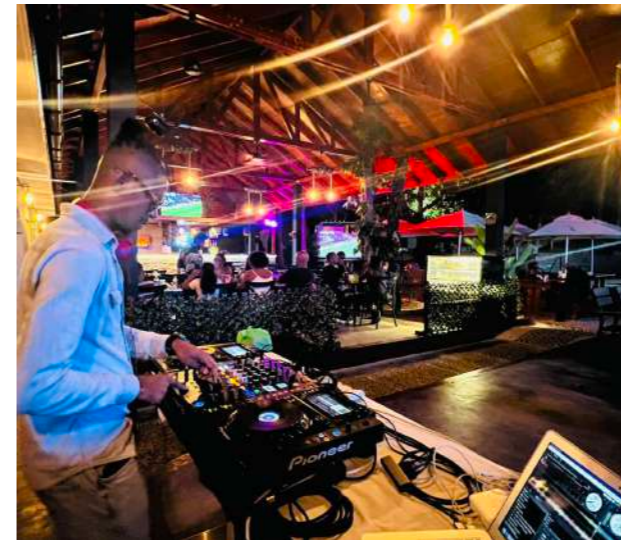
SEYCHELLES RESTAURANTS

# A Taste of Praslin



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## Breeze Garden



Breeze Garden in Grand Anse is a destination in itself. If wood-fired pizzas and fresh seafood aren't enough to attract you to this casual-dining restaurant, then the relaxed open-air seating, big screen featuring sports matches and eclectic music will! Well-known for its friendly and efficient service, Breeze Garden is a place to visit for lunch, dinner or even just afternoon drinks.

**GRAND ANSE**  
**BREAKFAST, LUNCH & DINNER, 4 385 575**

MTWTFSS

## Café des Arts



Probably Praslin's trendiest restaurant, Café des Arts is a funky, multi-toned haven of world class cuisine, located right on Cote d'Or, one of Seychelles' most beautiful beaches. There is beachfront seating, toes-in-sand dining and the menu features a wide variety of Creole dishes, with a heavy emphasis on seafood. A stage and large out-door screen regularly entertain with live music, or the latest football match.

**ANSE VOLBERT**  
**LUNCH & DINNER, 4 232 170**

MTWTFSS

## Kokosye Café



Suitably adorned with coco de mer inspired décor, Kokosye Café offers a welcome reprieve for hungry visitors to the Vallée de Mai National Park. This mystic home of the coco de mer and black parrot cannot be missed during your stay on Praslin, and the café offers a welcome addition to the overall experience. Enjoy fresh, cold-pressed juices or a cup of locally roasted coffee. And if talk of coconuts during your Vallée tour has left you hungry, the menu features light snacks and lunch.

**VALLÉE DE MAI**  
**LIGHT SNACKS & LUNCH, 4 236 220**





MTWTFSS

## La Pirogue

Pirogue Restaurant & Bar is a popular sea side restaurant located next to Côte d'Or Beach. Côte d'Or was once a fishing village where fishermen would go out each day in their traditional wooden 'pirogue' (a traditional fishing boat) to fish for the local community. Seafood and traditional Creole cuisine feature strongly on this menu, but guests can also look forward to a range of curries, pasta, chicken dishes and the famous "Catch of the Day".

**CÔTE D'OR**  
**BREAKFAST, LUNCH & DINNER, 4 236 677**



MTWTFSS

## Mabuya

This stylish new restaurant at Anse Lazio has made one of the world's most beautiful beaches an even more appealing attraction! From ceviche to Caesar salad, the menu is as well-executed as it is diverse. The bar team takes their job just as seriously as the chefs in the kitchen - the result is wonderfully refreshing cocktails and mocktails that are the perfect accompaniment to a day spent at Praslin's best-loved beach.

**ANSE LAZIO**  
**LUNCH, 4 303 690**



MTWTFSS

## Les Lauriers

The restaurant at Les Lauriers Eco Hotel is famous for its Creole buffet - which includes a large variety of fresh fish, local salads, curries and seafood grill - but the rest of the food on its diverse menu will not disappoint either! The décor of takamaka pillars and coco de mer palm ceiling, and a wide variety of sea shells, create a warm and a welcome atmosphere. Les Lauriers is one of the most sought-after restaurants on the island - advance bookings are recommended.

**CÔTE D'OR**  
**BREAKFAST, LUNCH & DINNER, 4 297 900**



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## Lobster Bay

Lobster Bay Restaurant & Bar offers a gastronomic mix of Seafood, Creole and International cuisine and a wide range of beverages, including fresh local fruit juices, milkshakes, smoothies as well as wines, beers and cocktails. It should come as no surprise that fresh seafood is their specialty - with their namesake lobster as their signature dish. With indoor and outdoor seating, this is also a great spot to grab a casual pizza or light meal.

**GRAND ANSE**  
**BREAKFAST, LUNCH & DINNER, 4 233 818**



MTWTFSS

## Les Rochers

Les Rochers are seafood specialists who revel in bringing super-fresh ingredients straight from the sea to your table. Grab a table inside or outside on the rocks staring over the Indian Ocean and enjoy stunning fare like prawns and lobster grilled in ginger and garlic sauce. However, while seafood tops the bill in Les Rochers, they also offer an enviable spread of vegetarian and vegan delights.

**GRAND ANSE**  
**LUNCH & DINNER, 4 233 803**



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## The Nest

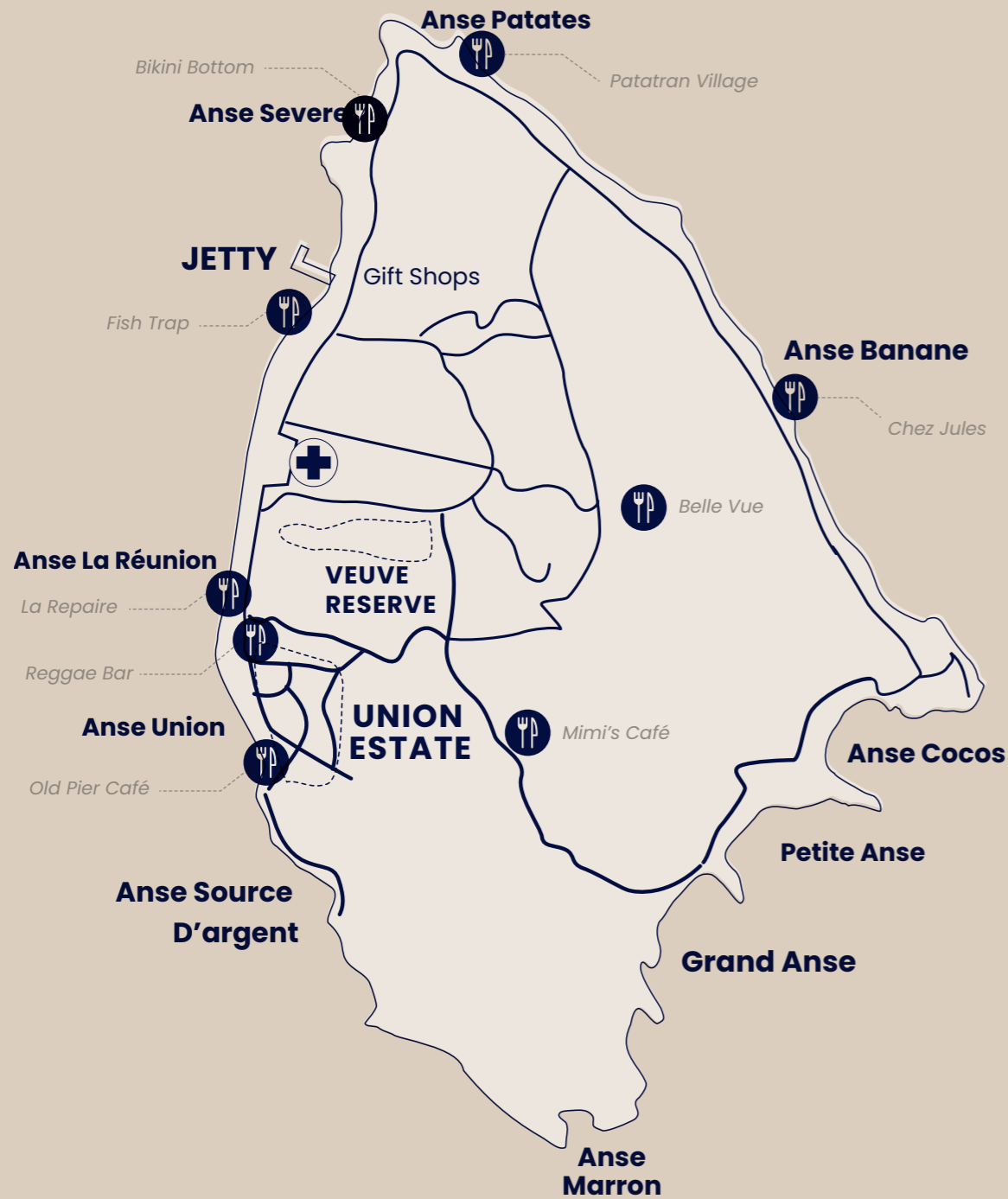
Perfectly located at Constance Lemuria - on a rocky peninsula between two Anse Kerlan beaches, The Nest is the pinnacle of fine dining in Praslin. Here, true island flavours are revealed through a delicately balanced menu - the signature coconut sherbet is a must-try... The deck located "on the rocks" behind the restaurant is the most romantic location for very exclusive dinners and the perfect place to celebrate special occasions. Bookings are essential.

**ANSE KERLAN**  
**LUNCH, 4 281 281**



SEYCHELLES RESTAURANTS

# A Taste of La Digue



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## Belle Vue

Belle Vue Restaurant & Bar combines one of the best-value authentic dining experiences with one of the best locations to watch the sunset in Seychelles! Located at the top of a very steep hill, ice-cold beers and cocktails await those fit enough to hike to the top. However, the restaurant can also arrange transport (recommended) for their dinner service, which includes an authentic Creole, family-style sharing menu.

**NID D'AIGLE**  
LUNCH & DINNER, 2 611 944



MTWTFSS

## Bikini Bottom

No visit to La Digue is complete without pedaling past the vibrant Bikini Bottom juice bar at Anse Severe. Enjoy their fresh local fruit smoothies, and milkshakes all made from fresh fruits locally grown on La Digue! Or quench your thirst with cocktails, iced coffee frappuccinos, espressos, cappuccinos and fresh coconuts. Browse through souvenirs and beach essentials, and don't forget to snap a photo with one of the friendly tortoises that frequent the bar!

**ANSE SEVERE**  
JUICE BAR



MTWTFSS

## Chez Jules

There is no shortage of island flavour at Chez Jules - one of La Digue's best-loved restaurants located in secluded Anse Banane. You're unlikely to come across it, unless attempting to cycle around the whole island - but you'll be grateful when you do: their fresh juices offer the perfect refreshment for thirsty cyclists. Try the seafood offerings of smoked fish salad and grilled tuna while taking in direct sea views, and follow-up with a scoop of ice cream or traditional Seychelles' dessert.

**ANSE BANANE**  
BREAKFAST, LUNCH & DINNER, 2 510 384





MTWTFSS

## Fish Trap

This stylish and eclectic eatery welcomes visitors to La Digue as they arrive at the port. Located right on the seafront in the heart of La Passe, fresh seafood specialties dominate the menu, along with some great curries and other tasty Creole-inspired dishes. Enjoy dining under the stars, on their large outside deck, or inside where the The Fisherman's Bar serves signature cocktails, cold beers and a selection of wines.

**LA PASSE**  
BREAKFAST, LUNCH & DINNER, 2 636 100



MTWTFSS

## Old Pier Café

When visiting La Digue's most famous beach, Anse Source d'Argent, be sure to take some time to explore the historic L'Union estate and stop for a bite or a refreshing beverage at Old Pier Café. This cosy beach restaurant is located nearby the iconic fisherman's hut - a sought-after spot made famous by Instagram and social media. The menu features freshly prepared seafood and snacks such as pizza and sandwiches. Cocktails and fresh juice invite you to relax at this beachfront café.

**L'UNION ESTATE**  
LUNCH, 2 511 218



MTWTFSS

## La Repaire

Don't leave La Digue without visiting this gem of a restaurant. Situated in a beautiful tropical garden next to the sea, Le Repaire offers authentic Italian cuisine, pizza, pasta, risotto and fish & meat dishes. The pizza is the best on the island, if not in Seychelles! This restaurant is wildly popular, so advance bookings are encouraged to avoid disappointment.

**ANSE REUNION**  
BREAKFAST, LUNCH & DINNER, 4 234 332



MTWTFSS

## Patatran Village

Built overlooking a beautiful beach in the north of La Digue is the high-class Patatran Village Hotel. The hotel's restaurant offers excellent Creole cuisine that is renowned across the island. The breakfast buffet offers plenty of food, including a delicious homemade banana jam from time to time, which is well worth a try! Once a week there is a Creole buffet, including evening entertainment in the form of folklore and music.

**ANSE PATATES**  
BREAKFAST, LUNCH & DINNER, 4 294 300



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## Mimi's Café

Whether you are craving something sweet or savoury during your La Digue adventure, Mimi's Café is the ideal place to stop for refreshments when cycling through Grand Anse. They serve honest-to-goodness meals such as club sandwiches, pizzas, burgers, local creole dishes and fresh juices, local fruit smoothies, coffee, and ice creams.

**GRAND ANSE**  
LUNCH, 581 017



MTWTFSS

## Reggae Bar

For an evening of fun and colour, drop by La Digue's vibrant Reggae Bar in Anse Reunion (on the way to L'Union Estate). Beside the obvious renditions of reggae tunes and laid-back rasta atmosphere, this bar serves up delicious pub food, such as pizzas and burgers. Creole inspired dishes also feature on the menu, as do some suitably colourful cocktail creations. Pool tables and shisha add to the sociable atmosphere, ensuring a fun night out in La Digue!

**ANSE REUNION**  
BREAKFAST & LUNCH, 2 564 421





#### SEYCHELLES RESTAURANTS

## Tipping in Seychelles

In Seychelles, tipping is entirely optional. However, if you feel appreciative of the service you've received and wish to express gratitude, a customary tip of around 10% is warmly welcomed.

It's important to note that many restaurants within hotels incorporate a service charge into the final bill or meal price. If you're uncertain whether a service charge has been included, kindly inquire with your server for clarification. Your server will be happy to assist with any queries regarding tipping or charges.

*“Food is a pretty good prism  
through which to view humanity.”*

- JONATHAN GOLD

MASON'S  
TRAVEL



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more recommendations on how to

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Contact us for private island tours and VIP transfers.