



# Fregate Island Seychelles

Fregate Island



Island Resort



Couples, Honeymoons, Families, Snorkelling, Diving, Bird Watching

Exclusivity in every respect is the maxim of Fregate Island and the preservation and protection of the island's unique flora and fauna is one of its proudest achievements. The island remains private to Fregate guests only, making it an ideal refuge for travellers.



**Location:** Mahé Island – 20 minutes Flight

**Room Stock:** 13x Private Pool Residence (400–500 sqm)      2x Private Pool Twin/ Spa Residence (600–750 sqm)  
1x Banyan Hill Estate (1100 sqm)

**Room Amenities:** Separate Bedroom & Living Room  
Golf Buggy  
Air Conditioning & Ceiling Fan  
Tea & Coffee Making Facilities  
Private Butler Service  
Private Infinity Pool w/ Jacuzzi  
Two Bathrooms  
Two Outside Showers  
Daybed / Dining Pavilion  
Safe  
TV  
Free Internet

**Hotel Facilities & Services:** Island Museum  
Swimming Pools  
Gallery  
Marina w/ Dive Centre  
Island Plantation  
Island Boutique  
Chapel  
Kids Clubhouse  
Yacht Club  
Scuba Diving (at cost)  
Baby Sitting (at cost)



**Restaurants & Bars:**

Fregate House - Offers a daily gourmet menu, with the Chef's selection of local products.

Plantation House - Serves authentic Creole Style a la carte cuisine.

The Pirates' Bar/ Anse Bamboo Beach Bar - Offers light snacks and drinks at lunch & dinner.

Wine Cellar - Presents a variety of wines from all around the globe.

**Property Highlights:**

Spa & Wellness - Surrounded by dramatic granite rock formations, the Rock Spa offers a range of facilities and treatment rooms for massages, training or yoga sessions, as well as an air-conditioned free-to-use gym.

Free Activities - Sunfish & Hobie Cat Sailing, Windsurfing, Sea Kayaking, Snorkeling (from shore), Mountain Bicycles, Hiking, Rock Gym, Guided Nature walks over the island, Island Dining Experiences e.g. Garden Table Experience, Beach BBQ, Picnics, Glacis Cerf High Tea and Tree House Dining.



Private Pool Twin Residence



Private Pool Villa Bedroom



Private Pool Villa Infinity Pool



Anse Bamboo Beach



Private Pool Villa Living Room



Spa Treatment at Private Residence

